

# Flourishing in Prosperity

Integrating the Magical Steps  
to Wealth



Workbook  
Wealth Series

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# **The Magical Steps to Wealth & Prosperity**

**With**

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# Introduction

**Welcome to the Magical Steps to Prosperity/Wealth!** It is great to have you here, and I am so looking forward to travelling this journey together. Just a couple of things to remember - Rome wasn't built in a day, and changing your mindset around prosperity also takes time, effort and energy. So please be kind, and patient with yourself as you make the necessary changes, and most of all, have fun with all you are about to learn!

I would just like to say here that if you are like me, I had read hundreds of books, watched countless movies, listened to I don't know how many speakers, but the truth still remained - **To know and not to do is not to know at all!** It is not until we put all that we know into practise that we actually begin to truly **understand** the TRUTH of who we are, and begin to see the results in our lives. So if you are saying to yourself, "Well I know all this, or I've heard it all before", and you are still not living a prosperous life, then you may know it, but I will be as bold to say ... you do not understand it!!!

A wonderful mentor of mine used to say to me when things were not as I wanted them to be, "Geraldine, if there is something wrong with your life, then there is only one person you need to meet with, and that person is always available ... because it is you!

It is also important to understand my definition of the following terms:

**Prosperity:** to be totally healthy, financially free, have loving relationships, happy and joy filled, constantly growing in understanding of your spirituality, and an enjoyable & fulfilling career.

**Abundance:** Fullness to overflowing

**Magical:** magnetic, miraculous ... amazing things that happen in unexpected ways.

**Steps:** Process of combining the unseen Laws that govern our Universe and the actions we need to take. Both are hugely important! We will be covering a number of Universal Laws and how they relate to prosperity. We will also be discussing the action that we need to take to show the Universe that we really mean business.

# Step 1: Changing Beliefs

## **What is it that you are looking for in your life?**

More peace, more happiness, more joy, better health, more money, better relationships, new career, new ideas, greater understanding of who you are spiritually. This all goes to making you a prosperous being.

Time to start figuring out what wealth and prosperity look like for you.

Is it:

- Money
- Peace
- Happiness
- Security

Take the time to write it all down and make it clear to yourself – without knowing what it looks like, there is no way you will ever begin to achieve it!

**Releasing the idea that it is wrong to be prosperous, or wanting to be prosperous.**

- It is our Divine right to live our lives with abundant prosperity.
- Is it right to live with lack and limitation?
- Let's face it, living in poverty or in a bad relationship or in an unhealthy body is really like living hell on earth.
- Master teachers taught prosperity and wealth
- What has happened along the way?
- Are you still hanging on to this belief?

**Okay, so where do we begin?**

**To know and not to do is not to know at all!**

It is not until we put all that we know into practise that we actually begin to truly **understand** the TRUTH of who we are, and begin to see the results in our lives.

**Finding and keeping wealth takes *3 essential understandings***

- 1. Knowing and understanding that we are not only a physical being, but also a spiritual being!**

Universal energy flows through you 24/7

You can make contact anywhere – any time

- 2. Prosperity is everywhere ... it surrounds us in every moment of every day!**

‘Spot the Prosperity & Wealth’

Even in what may be perceived as not so good

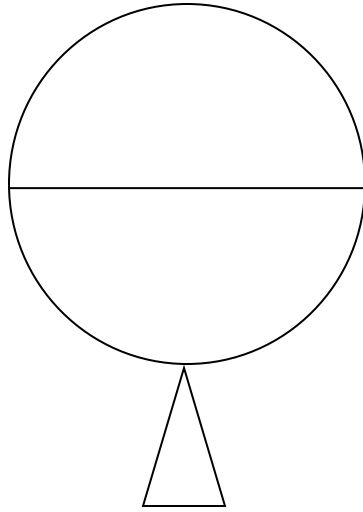
All about living wealth in every moment

### 3. Your thoughts create your world

If wealth & prosperity have been alluding you, it is definitely time to see what has been happening in your mind!

Understanding how our mind works, and that every thought we have is creating our world.

**The Stick Figure:** Dr Thurman Fleet: Texas 1934



#### **The Conscious Mind:**

- The thinking mind which uses the brain
- Can only hold 1 thought at a time
- Collects data from our 5 senses
- Analyses & makes decisions regarding this data

#### **The Unconscious Mind:**

- Works like a storage cabinet
- Is the home of our emotions
- Intuitive in nature
- Runs & preserves the body
- Main aim is to be of service



- Habits are stored here
- Controls & maintains our perceptions of life
- Does not process negatives
- OPERATES AT THE CELLULAR LEVEL

## Journal:

What have been my old beliefs around wealth?

What beliefs have been given to me by family, friends and teachers?

What do you now understand about the mind that will have a significant effect on the way you think about wealth and prosperity?

## Step 2: Understanding the Universal Law that governs all other Laws

### The Law of Compensation

- The Law of Supply & Demand
- The Law of Giving & Receiving
- The Law of Action & Reaction
- As you sow, so shall you reap

**It is an absolute MUST to understand this Law**

***It is not possible to get something for nothing ... including the getting of wealth***

**You must GIVE before you receive - It is the Law!**

- You must understand that you have to give before you can receive - give out love/receive love; let your happiness shine and receive more of the same; be friendly and attract more friends; radiate peace and more will be drawn to you; give money to receive more of the same.
- In the same way - live and breathe poverty, and things will occur to make sure you get more of the same in your life; radiate sadness and circumstances will be such that you receive even more opportunities to be sad. How do you give out these vibrations - through your thoughts, words and actions.
- By thinking, breathing, singing, walking, living prosperity, you form an invisible pipeline through which the Universe can pour in more of the same, and the pipe grows bigger as we grow in understanding/doing.
- Allow prosperity to shine through you, and you will become more prosperous - It is The Law!

***Prosperity does not need to be made - it always is! We just have to build the pipeline.***

## What can you do to build your pipeline?

- If you are not succeeding in any area of your life, then look within and ask yourself the difficult question: Do I expect to 'get' before I 'give'?
- We must begin by working from the inside out. In other words, we must grow our UNDERSTANDING of the TRUTH of who we truly are. Watch the stick figure over and over until it becomes engrained at a cellular level.
- Change your thoughts and you will definitely change your circumstances. Check in with yourself on a regular basis. What have I been thinking? What am I thinking right now?
- When we stop seeing our current conditions and begin to see things as we would like them to be - everything will begin to change. The only way we can do this is through our thoughts, words and actions
- Find ways to give: there is always something you can give to begin creating your very own prosperity pipeline. If you don't have money, then find other ways to give - give of your time, give of your gifts, help out in homeless shelters, give flowers from your garden, give a book, bake a cake for someone, read to the elders in aged care facilities, help out at the lost dogs home, the neighbour who needs a break from the children.
- Radiate prosperity at home. No lack of money or anything else is an excuse for living in a messy house. A messy environment is a reflection of a messy mind. Remember, it is what you radiate that returns to you multiplied!
- The same goes for your work. If you are wanting something better, then I suggest you do your very best in your current occupation and I guarantee you, that something better will soon come along
- Imagine yourself as a great big magnet attracting prosperity from all 4 corners of the Universe
- Choose to consistently send out prosperity mentally, and emotionally
- Constantly look for the good in everything
- The greater your service to others, the greater will be your reward; You and your life will prosper

### **Compensation or Competition?**

- Competition is just fear of not enough - don't fear that others are getting more than you are, don't try and compete for anything, or with anyone
- There is always enough for everyone

### **EXPECTATION:**

- You really must be open to receive. Many people block their good by thinking it is wrong to receive. Practise receiving, and give gratitude constantly!
- Expect it to come back multiplied: Watch for the signs.
- Think prosperity, talk prosperity, imagine more prosperity, feel prosperity in happy and joyful ways
- Give in whatever way was appropriate
- and then **expect** wealth and prosperity to appear in your life

***Begin a Prosperity journal to remind you of the fact that you are surrounded and immersed in  
PROSPERITY***

## Journal:

What do you now understand about the Law of Compensation?

Draw out the stick figure showing how you change what has been occurring in your unconscious mind. Drawing this figure over and over helps to build belief and understanding.

What can you now do to build your wealth and prosperity pipeline?

## Step 3: Making sure your pipeline flows abundantly

### **MAKING SURE THE PIPELINE FLOWS!**

Now that you have begun building your amazing pipeline of prosperity, we have to make sure that we have prosperity flowing easily and effortlessly with absolutely nothing blocking its way. We want to make sure that all the floodgates are open wide!

#### **How do we make sure this is happening?**

**By letting go of all that we no longer need in all areas of our lives.**

#### **Letting go of the old to make way for the new.**

In other words, we are creating a vacuum that the Universe just has to fill. It's THE LAW! The Vacuum Law of Prosperity: get rid of what you don't want to make room for what you do want. By releasing all that is no longer needed in your life, you are opening the floodgates to your pipeline.

If you find that your desires are not appearing, it is usually time to stop and ask yourself the question, "What do I need to release?" "What do I need to let go of?"

### **SO, ARE YOU READY?**

We are going to begin this lesson by **setting the INTENTION** of freeing ourselves of all that we no longer need to allow Prosperity to flow through our pipeline.

#### **How do you set your INTENTION?**

Setting the intention is saying to yourself, "This I am going to do!" It's not saying I wish it would happen, or I'd really love this to happen, or I'm going to try to have this happen.

NO! I am going to do this.

### **Money:**

Are you willing and ready to let go of old beliefs around money?

- That money is difficult to come by
- That everyone else can make money but not me

- That money is the root of all evil
- That money doesn't grow on trees
- That I am unworthy and undeserving of wealth

The Universe is an abundant Universe just waiting to gift to us all our dreams and desires....do you honestly believe this? If you do, then open the flood gates to your prosperity pipeline and receive by letting go and releasing all those beliefs that no longer serve you.

**Ask yourself:**

- Am I willing to let go of what parents and teachers instilled into your unconscious mind?
- Am I willing to let go of my resentment towards paying bills and pay my accounts with love and joy in my heart giving gratitude that I actually have access to these services?
- Am I willing to let go of blaming and resenting everybody and every circumstance for the lack of money in my life, and begin to understand that I am the creator of my financial world? (You now know how your mind works) Begin by putting brand new thoughts around money into your mind.
- Am I willing to let go of the resentment towards those who have lots of money and celebrate their good fortune? That good fortune is waiting for me as well!

One great way of doing this is to write out all that you no longer wish to believe and then burn the piece of paper. Tell your unconscious mind that you are very grateful for those thoughts in the past, but you no longer need to think this way so you are letting those ideas go.

## **PERSONAL LIFE:**

- When are we going to let go of the same old story that we keep telling ourselves over and over?
- When are you going to stop living other people's expectations?
- When are you going to let go of who you think you have to be?
- When are you going to let go of the idea that you are never good enough?

## **How do you let go for wealth to flow?**

- Clean & tidy your filing cabinet or financial paper work file
- Clean out your purse
- See the gift in everything
- Add to your prosperity/wealth journal
- Find a box & string

## **How do you 'let go' for personal well-being to flow? Put a halt to all the following ...**

- It's all his/her fault
- It's because this or that happened
- He/she doesn't understand me
- It just hasn't been the right time
- It's all right for him/her but.....
- It's because of my childhood

***The greatest way to 'let go' is to forgive!***



## The Law of Forgiveness

If you are not receiving, then maybe it is time to ask yourself who do I need to forgive and release from my thoughts and my life?

***Bob Proctor says, "Not being able to forgive is like taking poison and expecting the other person to die!"***

**Healing anything in our lives is definitely an inside job!** People can go to the doctor and get medicine, etc, even have certain procedures done, only to find that the illness returns. Why?

**In many cases it is the Lack of forgiveness that has caused the illness.** He/she has become ill because of their sick feelings towards themselves, towards others, towards God/Universe, or towards the world around them.

The things that can rip your life to pieces are resentment, anger, condemnation, or wanting to see others punished or wanting to, as we say, 'get even'. All they do is break down the cells in your body and cause disease. You forgive, not for anybody else's sake, but for your own health and well-being, and to allow that pipeline to flow easily and effortlessly.

If you have a problem, then you need to forgive either yourself or somebody else.

- If you experience illness - you need to forgive.
- If you experience lack - you need to forgive
- If you experience debt - you need to forgive
- If you are constantly experiencing things going against you - you need to forgive

**Use the following statements to forgive and release:**

“I fully and freely forgive and release anyone or anything that needs forgiveness in my past or present.”

“I willingly forgive and release the thoughts and things that have cluttered my mind.”

I release \_\_\_\_\_ to their highest good, happiness, health and wealth and me to mine.”

## Journal:

***Take your time to do this task before moving on with the next module:***

Who are the people & the circumstances that I need to forgive and release from my mind?

## Step 4: Time to Fill the Vacuum

**Now that you have sent those blockages flying, it's time to fill your PROSPERITY PIPELINE!**

Having created a vacuum for so much prosperity to flow into your life, it is now time to fill that vacuum with wonderful new desires. In fact, burning desires!!

You are here to create! You are a magnificent, magical creator, living in a Universe that wants nothing more than for you to be happy and create the life of your dreams. My wish is that you truly come to understand and believe this statement!

Everything in this Universe is made up of Universal energy or God energy, including you and me, and we have the power to create. What do you desire? Do you have the courage to follow your own heart and be YOU!!

**Prosperity knows no barriers** - age, race, colour, male/female, creed!

**What is a true desire?**

A true desire is one that comes from the heart. It is something emotional, tense and powerful. If it is all of these, then it will definitely carry with it the power to succeed. There is no earthly point in having a 'kind of' desire, or a 'maybe' desire, or 'that might be nice' desire. It must be a definite, powerful desire!!!

In fact, the stronger the desire, the greater power it carries with it to become manifest in your life.

Whatever your prosperity desire may be - know that it is good. Some people try to say that they don't feel that they can have strong desires in case it is not what God wants for them.

Well, guess what? Every desire comes to you from Universal energy, as **its** strongest desire is to grow and expand goodness on this planet we call earth. When you have a desire, it is God tapping you on your shoulder saying, "John/Mary, I would love for you to hang onto this desire and bring it into the world so I can see more beauty, more prosperity, more love, more health, more peace, etc, etc." So, no more excuses as it is time to bring those desires to the table and begin to work on them.

Up until now, we have been focussing on prosperity as a whole, and I would still love for you to continue doing this, but now it is time to place your attention on one BIG GOAL!

## **I don't know what I want!**

So many people tell me they don't know what they want, and, as many mentors before me have explained, begin by writing down what you don't want and then see from there what you do want/desire. Draw a line down the middle of the page and write the don'ts on one side and then work out the corresponding 'do's'.

Now, please do not get caught up in the words I am using such as want/desire/dream/ or whatever you would like to call it is quite okay at this point in time. Often, people get so caught up in the words that they forget the process.

**One big strong powerful desire**, will probably also contain lots of little goals that will automatically happen along the way to attaining the BIG desire.

Now it is time to go within and find those desires you have had locked away in your heart - maybe from childhood, maybe from your extreme negative experiences, maybe some that have just sprung into your mind since you emptied all the rubbish/trash.

Let me make this very clear! To bring something new into your life, you need to work to the very best of your ability in what you are currently doing, or what brings in the money! This puts you in a very positive zone with regard to money. Be so grateful for what you already have. At the same time, you begin to work on what it is that you truly desire.

## **A MUST! Begin with the end in mind!**

### **Questions to ask:**

Will this bring me joy?

Am I following my bliss?

Is this in alignment with my true purpose?

Will this serve others?

Will this bring to the world more beauty and joy?

**Okay, we now have our END RESULT so what do we do next?**

### **Time to take action:**

- Find a large piece of paper

- Begin by writing the **End Result** - what do you truly desire it to be? This may be a sentence, a paragraph or a whole page
- Detail is important if there are definite things you desire; your imagination just loves definite ideas to build and form. This in turn is accepted whole heartedly by your unconscious mind, which then gets busy on the ways to produce the desired results. It is simply magical the way it works.

This really should really be very easy for you, as you have been using this method for as long as you have been on this planet to bring about the results in your life - you just didn't fully understand what you were doing. Now you can put to work the same magical power to turn things around and produce a pipeline filled with an abundance of prosperity.

**Now you have a brand-new story; an exciting story!**

**More action:**

- **Write out your desire daily:** beside this desire write out the steps that you will take that very day towards bringing it into reality.
- **Find a mentor that can help you**
- **Give thanks for it already happening**
- **Now move in the general direction of your chosen desire:** You must begin to move towards your desires. This sets up a motion of energy and clearly says to the Universe, "I mean business and this is what I truly desire". The Universe in return says, "My goodness she/he is serious about this! At long last she/he is telling me what it is that they want, so I had better get cracking."

**Visualisation is the key:**

- Your imagination is an amazing gift which is there to be used
- It is the key to building the image of your 'end result'
- Only focus on your 'end result'
- 4 to 5 minutes a day
- Be by yourself

**Persistence:** Sometimes things happen very quickly and sometimes they don't! It really just means that we have to first do the inside work to convince our unconscious mind that we believe that it is possible.

Besides, it has been proven over and over, the longer you have to wait, the bigger the result; the lower the valley, the higher the mountain top.

## Journal:

Begin to jot down all the ideas you have with regards to creating your 'Dream Board' and begin to sketch it out here on this page.

## Step 5: Manifesting Your Very Powerful Desire

**This step is all about taking command of the gates of your prosperity pipeline.**

**How to take command of your prosperity.**

- Understanding the Truth of you
- What you place your attention on
- 'In the beginning was the word...'
- Your words have the power to create

**What is an affirmation?** The word "Affirm" means to make firm. This is why we must be demanding of the Universe so it gets the message.

**You affirm things all day long - what have you been affirming around money and wealth?**

- I can never seem to get ahead
- I am never going to have enough money
- I am not good at making money

**What will you begin to affirm?**

From the moment we are born, we begin to take on all the beliefs and habits of all those around us, and sometimes these can be the very things that are holding us back from the life we desire to lead. These beliefs were given to us by our parents, teachers, sports coaches, religious ministers, just to name a few. All these people were well intentioned and doing what they thought was right, but, quite often, did not have the understanding of how our minds and our Universe work. So, an affirmation is a positive statement repeated over and over which

eventually replaces these old beliefs and habits, held in your unconscious mind, with brand new positive ones.

No good being gentle and wishy washy....you must state clearly, firmly and positively, with the intent of an immediate response.

### **Why do we say affirmations?**

Imagine living the life of your dreams; being able to be, do and have all that your heart's desire. Well, it is absolutely possible! In a nutshell, we say affirmations to change our current life to the life of our dreams. The words we speak have incredible power. Whatever it is in your life that you lack or are not completely happy about, can be changed through the use of affirmations: health, wealth, relationships, self-esteem, business, prosperity, career, spirituality, and the list goes on and on. If you are already having success, then affirmations can also be used to lift that current success to the next level.

I know there are lots who will say that all you need to do is state what you want and then hand it over to the Universe. But if you are like me, with over 60 years of old belief training, then it takes a little time and effort to turn that around, and this is why we use affirmations.

**When do we say affirmations?** Everyday - 300 times a day if you would like things to move fairly quickly. Say them in the car, doing the shopping, on yard duty at school, in the garden, out walking or running - say them in time with your footsteps. I love to sing my affirmations as it just makes me feel so happy. **And always, always, say them with feeling!**

### **Time to write your very own affirmation.**

By writing your very own affirmations, you can be very specific and tailor each to say exactly what you would like to manifest into your life. Writing your own affirmations is really easy!

**STEP 1:** Work out what it is you really want.

**STEP 2:** Try to say this in a way that you find easy to remember.

**STEP 3:** Now write out your affirmation as if your desired outcome has already happened. E.g. I now have..... or I am now a.....

**STEP 4:** Write it onto a piece of card so you can put it in your pocket for easy reference just in case you forget it



**STEP 5:** Repeat your affirmation at least 300 times a day and watch the changes that take place in your life!!

If you find that your affirmation is too unbelievable for where you are at right now, then begin by adding the word “becoming” until you feel your belief growing. E.g. I am now becoming a multi-millionaire. This will then be changed too “I am a multi-millionaire” as your confidence grows.

**The most powerful affirmation is an ‘I AM’ affirmation**

Example: I am so happy & grateful now that I have ...

**We must also remember to dig our ditches,** or prepare the way so to speak. If you really believe that your desire is on its way, you will prepare for it.

## Journal:

Write out the affirmations you will now say to change your reality around wealth and prosperity.

What can YOU do in order to dig your ditches?

## Step 6: The Fuel that Powers Your Prosperity

**Time to learn how to generate the power/fuel which drives the pumps along your wealth pipeline.**

**Emotions are the jet fuel.** In Simple Terms ...

- It is how we feel
- A response to what's going on around us
- It is vibration

Having set a powerful desire in place, it is now time to generate and heighten those feelings and emotions that will assist you in realising your powerful desire.

In co-creating your desires, nothing is more important than understanding your emotions. Your emotions tell you so much about what you are manifesting into your life. The great part is that if we are truly following our heart's desire, (you know, that powerful desire) then we should automatically be feeling excitement, happiness, joy, passion, expectation and many more wonderful feelings.

**We are vibrational beings:** before we begin to understand how our emotions affect our ability to co-create our dreams and desires, we must have an understanding of our vibrational state.

- Everything and everyone in this world is in constant vibration
- You and I are vibrational beings
- Everyone and everything in this Universe is connected through our vibration
- We are either living in a positive vibration, or a negative vibration
- We must make sure we are constantly moving up the scale
- Every thought is a vibration
- Every word is a vibration
- Every feeling is a vibration - one of the highest forms of vibration

We constantly vibrate our energy states to everything around us, and everything and everyone feels our vibration - the trees, the flowers, the birds, the people, the earth beneath our feet ... absolutely everything feels our vibration

Your vibration is a signal that goes out into the Universe, and our vibrational state, attracts back to us things of the same vibration - "birds of a feather flock together" That's why sometimes on this spiritual journey, if you decide to grow from the inside and others around you don't, then sometimes people seem to disappear from your life as they are no longer vibrating at the same level.

**Emotions are highly charged vibrations, and when added to thoughts words and actions, they magnify results – enormously!**

**What is your current emotional state in each area of your life? It can be very different in each area.**

- **Deep, dark emotions:** fear, despair, depression, anger, hate, guilt. At what level are we vibrating when we sit in these emotions?
- **Bright, shining, glimmering emotions:** happiness, joy, empowered, love, freedom. At what level are we vibrating when we sit in these emotions?
- **Or somewhere in between:** doubt, worry, hopefulness, optimistic, pessimistic

**Which of these vibrational states do you think attracts the most prosperity?**

**Great News!** You can change your emotional state at any moment - it is just a decision away!

**How do you do this?**

- Begin where you are!
- Do not push or fight against what you are feeling

- Remove ourselves from negative environments
- Placing ourselves with others who are uplifting and inspiring
- Finding someone who will cheer you on and give positive support
- By not listening to those who put down your dream

**Uplifting music is vital!** It lifts your vibration immediately and heals at the deepest level all that needs to be healed.

**The yo-yo principle!** When you first begin this process, you sometimes go through what I call the yo-yo principle - you kind of go up and down the emotional scale. In fact, you can find yourself going up and down the scale in a space of 5 minutes or so.

The idea is to slowly but surely move your emotions towards the happiness and empowered end of the scale, and begin to stay there on a much more regular basis. You can really only do this on a more sustainable basis by growing in understanding of who you really are - a spiritual being.

***Your emotions really are the fuel that drives prosperity along your prosperity pipeline.***

## **A few little hints to having your emotions work for you:**

### **Please understand that**

- There is no lack of opportunity for you so there is no need for jealousy to exist, so never, ever allow that emotion to enter your vibration. Universal energy will never run out.
- Bless everyone along your journey; even those who you feel have treated you unfairly by what they have said or done. Grudges against others must go! These only produce emotions of anger and revenge.
- Remember there is need to hurry, or force things to happen - just do all you can do for that day calmly and efficiently. As soon as you try to hurry things along, you are producing emotions of worry and anxiety.
- Overcome disappointment as this only produces fear, sadness and frustration.
- Act as if you are already prosperous and don't talk lack stories. Remember that old story? I hope it has well and truly gone by now. You can revisit it now and then, as long as you don't have an emotional response to it.

## **Fear is the greatest destroyer of dreams!!**

### **Instead, fuel your engines by.....**

- Smiling!
- Doing what brings you joy; going for a walk in the park, smelling the roses, flying a kite, baking a cake, giving someone a hug ... I could go on forever
- Watching funny movies that fill your life with laughter
- Reading inspirational books
- Joining a group of people who love doing what you love to do
- Finding a dance group
- Music, music and more music
- Painting

## Journal:

Currently, what is your dominant emotional state and why?

What effect are these negative emotions having on your results?

What do you fear and why?

What actions are you going to take to raise your vibrational state?

# Step 7: Co-Creation and Action

## **Step 7 is all about Co-creation and action**

Yes, our thoughts words and actions create our world, and there is absolutely no doubt about that! But, as the name suggests, we don't actually create it all by our little selves! We have a partner in this business of creating our desires, and it is necessary for both partners to be involved!

## **Who are the Co-Creators?**

**You plus God/Universe. Without us working in partnership, none of this will work!**

God can only do so much

We can only do so much

Together we can create anything that our heart desires.

## **Our part in the co-creation:**

- Have a desire
- Build the image
- Affirm its manifestation
- Fuel it with emotion
- Have faith and expectation
- Take steps towards our desire
- Follow guidance given

### **Universe's/God's part in Co-creation:**

- The how's
- The when's
- The who's
- The what's

### **We must act! But it must be right action.**

#### **What is Right action?**

- Understand that you co-create
- Remove any emotional attachment that does not serve you
- Begin with the end in mind
- Write down things that you know to be done
- Place in a timeline
- Write beside each step the name of someone who can help
- Now take one small step each day
- Watch and listen for guidance
- See it unfold before you

#### **How do we get this guidance?**

- Ask for it!!!
- Intuition



- Synchronistic happenings
- People
- Books
- Telephone calls
- Messages everywhere
- Meditation

**Meditation: 5 to 15 minutes of meditation everyday will change your life!**

- 5 to 15 minutes a day
- Get out of your head
- Live in the moment
- Stop the thoughts and just be
- Allows Universal energy to flow unrestricted
- Set the intention
- Guidance will come
- Be ready ... listen and watch

**ACT AS IF:**

- Carry play money
- Dress appropriately
- Lifts your vibration
- People treat you differently
- You build the belief

- It moves you into taking action

### **Divine Timing:**

**“We wait as one who understands , when Spirit rises and commands, God is ready to obey.”**

**Thomas Troward**

**Gratitude:** As yet, I have not spoken at length about gratitude. APPRECIATION is one of the highest vibrational states that we can have, so no need to say any more!

Having an attitude of gratitude is one of the most magical ways of bringing truckloads of prosperity into your life. It heals on every level, from the tiniest cell, your every emotion and right to the core of your being. In very simple terms, the more gratitude we express for all that we have in our lives, the more good we attract.

### **Gratitude is a flow of energy - a vibration:**

Expressing gratitude sends an invitation for an increased flow of energy to come into our life as well as generating a feeling of worthiness.

### **View your world through eyes of gratitude:**

Seeing the world as one with limited options is depressing and empty. However, the world looks very different when we view it through the eyes of gratitude and thanksgiving.

When we are deeply grateful for every little thing that happens around us, every moment of our life becomes precious.

### **An open heart begins with gratitude:**

Recognizing the presence of the energy flowing through us all the time causes us to open our hearts. This starts with gratitude. Once you begin to experience the joy of gratitude, you become more willing to give. We give so that others may find happiness within themselves. And the more we give, the more is returned to us, multiplied abundantly.

### **Giving and Receiving.**

As we practice giving purely from the heart, and as we practice receiving with gratitude, knowing that our gratitude is a gift both to ourselves and to the giver, our ego will begin to fall away. And we will begin living, loving and sharing from a higher state of consciousness.

**The concept of thankfulness suggests a "state of completion."**

The unconscious mind does not know about time; giving thanks for any passionate dream tells the unconscious mind that the passionate dream is here now.

When we thank someone for something in our day-to-day life such as when we receive a gift, it is usually because we have possession of the gift now. This flow of receiving, followed by thankfulness is already a program that exists in our subconscious minds.

**Giving gratitude for the challenges and struggles in our lives:** this is so important! We live in a world of duality - positive and negative - and it is through our challenges and struggles that we grow the most. It is about finding the good within the struggle that moves us forward.

## Journal:

What is your part to play in the c-creation process?

What part does God/Universe play?

How are you going to begin a practice of 'GRATITUDE'?

## Step 8: An Ancient Law

There is an ancient law of wealth and prosperity that has proved extremely beneficial in so many people's lives in creating total prosperity in all areas. Now, this can be, as with everything else I have shared, either accepted or rejected. This age-old secret is Tithing!

**But let's begin with tithing!** The early Egyptians, Babylonians, Persians, Arabians, Greeks, Romans and Chinese all used this method to bring prosperity into their lives, so I guess I thought it might be worth a try. They had manifested in a big way, what I also wanted in my life - true prosperity!

### **What is tithing?**

It is a way of giving before getting. Remember the Law of Compensation? It is all about putting God/Universe first in our lives. It's giving back to the Universe/God part of all that we receive in the way of prosperity. The ancients believed that the magical number was ten, and the word tithe means tenth - 10 % of all you earn!

Now I know that if you are anything like I was, you will be resisting doing this, so I hope you are not hyper-ventilating at this point in time. If so, just deep breathe, put all your emotional responses to one side and allow me a little of your time to share what this means and how it can benefit your life.

### **Why do we tithe?**

Well it's all about having the understanding that God/Universe is the source of all our prosperity - Mind, body, gifts, talents, books, job, education. These are all channels through which our prosperity can flow to us, but God/Universe is still the source. Knowing, and more importantly, UNDERSTANDING this, we need to put into practise what we now understand about the Law of Compensation, and ask ourselves the question, 'What can we give to the Universe/God in order to continue receiving?' To me it just made sense!

Knowing this, if we truly wish to prosper consistently and sustainably, we must do something that keeps us connected to this source of supply. It's really taking God/Universe as our wealth and prosperity partner in life.

The ancient people knew all of this intuitively. They knew that it was the first step to permanent and sustainable prosperity.

## **How do we tithe?**

**We tithe systematically and consistently - not the last or least of our prosperity, but the first and the best.**

If you choose to tithe, then you need to make a decision which is right for you. Perhaps you could begin with 3% and then lift it to 5% and then finally reach that 10% level.

Whatever it is that you decide to give, make sure you give it on a regular and consistent basis. Why? Because I'm sure you would like to receive regular, ongoing, consistent results.

There is one more thing we need to understand about how we tithe. We give freely and without complaining, and, preferably, without anyone else knowing.

## **What are the benefits of tithing?**

- It opens you completely to receiving Universal prosperity in absolute abundance
- Brings blessings in ways you thought were just not possible
- Brings permanent prosperity
- Makes a huge statement to the Universe that you are truly growing on the inside and not just trying to make things happen on the outside
- It brings to you amazing new opportunities
- New ideas of how to do things
- Gives you peace of mind
- Gives a feeling of security
- Brings harmony to your relationships
- All that you have seems to go further and further
- You just never want for what is needed in your life
- Grows your finances

## **Co-Creation in practise:**

### **Stage 1: A time to prepare the soil & plant**

To complete our journey towards prosperity, I would to just love to remind us all of the stages of growth we go through in getting from where you are right now to where we want to be - celebrating and rejoicing in the physical manifestation of our powerful desire!

#### **Stage 1: A time to prepare the soil and plant**

- Change our thoughts and words
- Write out our desire
- Visualise
- Affirm
- Give gratitude
- Have faith & expectation
- Connect with others who are also growing

In other words, you are consciously **taking charge of your life and moving in the direction of spiritual change.**

#### **Stage 2: The Gestation period:**

- This is a natural process following natural Law which must take place for all things to grow into being.
- It is allowing time for all our conscious growth to also take place at the unconscious level.
- This takes place in the invisible realm: we can't see what is happening!
- This is usually the most difficult time for all of us.
- You can ask for little peeks of what is coming!!
- Practise saying to yourself, 'I am growing on the inside to see amazing prosperity on the outside, and the Universe is bringing everything at the perfect time and in perfect ways.'

### **Stage 3: The WOOHOO! Time: It is now time to see the fruits of our labour!!!!**

We see our desires in the physical realm and rejoice in its manifestation.

### **WOW! CONGRATULATIONS!!!**

We have covered so many things during the course of this program, but this is really just the beginning of a life time of change. It is putting all that you have learned into practise on a daily basis.

I strongly suggest that you plan a daily program for yourself so that it becomes habitual. Good luck and may you be truly blessed with wealth and prosperity in all areas of your life.

## **Journal:**

What will you do on a daily basis to ensure your wealth and prosperity dreams become a reality?